



Southland Centre for CONDUCTIVE EDUCATION



Gladstone Scout Hall, cnr Hollywood Terrace & Russel Street - P O Box 126 - Invercargill - Phone 03 931 0111

LAKE TAUPO CYCLE RIDE FUNDRAISER



Recently Centre Manager Kevin was approached by one of our very good supporters, Andrea Carson Communications Specialist at Tiwai Point's NZ Aluminium Smelter, desiring to bring into our Conductive Education Centre one of her co-workers who was seeking an Invercargill/Southland charity to benefit from his epic Lake Taupo 160 kilometre cycle challenge on Saturday 27 November 2010.

Andrea bought in Ian Sherborne and both observed some of our programmes with Jackson Ramsay and Grace Willets. So impressed was Ian with what he saw, that he instantly offered to donate to Conductive Education Southland the proceeds of his cycle challenge. He is Ian's story...

And I thought I had a challenge.

After numerous knee operations I decided to put away the squash racquet for good, but what was I to do to fight the battle of the bulge.

While riding the bus to work I noticed people riding bikes to work and thought that that was pretty impressive, so I decided to purchase a road bike. The cycling started, small rides initially as it takes a while to form a bond with that rather small seat. Some time later I was exposed to track cycling and that too grabbed my attention. I purchased a track bike and now I had an option for rides when the Southland weather was not playing ball.

In May this year I received a phone call from my oldest son to say he had purchased a road bike and was training for the Round Taupo Cycle Challenge in November of this year. He asked if I would be keen to join him, I asked how far? The distance is 160 Km's with many hills along the way. I have never been one for turning down a challenge when my sons are involved, so without hesitation I said YES. The money was paid and the entry completed.

So the serious training commenced and as I increased the ride distances I realised that this was going to be one of the bigger physical challenges I had ever undertaken. Then while out riding one day, I thought why not put the pain to good use other than my own physical well being. So I decided to see if there was an opportunity to raise some money for a worthy local organisation.

My choice of organisation is Conductive Education. This is a programme for both children and adults with motor disorders such as cerebral palsy, motor disorder, and developmental delay.

Recently I had the pleasure of spending some time with Conductive Education Southland at their Invercargill based centre them watching how the program was run and interacting

with some young children. I was so impressed with the dedication of the facilitators (conductors) and the parents. I learned that there are a number of NZAS (NZ Aluminium Smelter) parents that have children in this programme. I could not help but think that the challenge that I was facing to cycle the 160K's around Lake Taupo was nothing compared to the challenges of life that these people face every day.

With the help of Andrea and the team at Conductive Education, we will be seeking sponsorship/donations for the ride, which will be donated directly to Conductive Education Southland.

My ride will be reported in the Tiwai Pointer newsletter and the Conductive Education Southland newsletter.



L to R – Grace, Ian, Jackson

Parents, friends, supporters, of Conductive Education Southland, how about supporting Ian by sponsoring him. Your call as to the level of support – could be 10cents per km completed (\$16 for the whole cycle ride), 20cents would be \$32 for the whole journey, 50cents = \$80, or how about a fixed amount irrespective of how far Ian goes – we are confident Ian will go the distance. And remember you will receive a tax deductible receipt for your donation which means you will get up to one-third of your donation back from IRD (within allowable limits).

Please endeavour to get as many pledges etc as possible on the enclosed Pledge Sheet. Help Ian help us.

Kevin Wall - Centre Manager

GARAGE SALE

On Saturday 18 September 2010 we held another of our parents fundraising group organised annual garage sales. We had plenty of good quality pre-owned items awaiting new homes and the parents fundraising group spend the previous evening pricing and displaying the goods.

But overnight and throughout Saturday the skies delivered their worst ever snow-storm in Invercargill and Southland. By mid-morning we had six inches of snow outside our Conductive Education Centre, vehicles were not gaining traction on the roads, people stopped coming to our garage sale, and we had the real fear that our people and those already at the garage sale might not get home. Two hours into the garage sale we decided to call the garage sale off and let people get away to the safety of their homes.

In the two hours of the sale we took \$445 which was a tremendous effort. We still had loads of good quality products left but no where to store them for 12 months so we donated these to the Southern Light Church in Invercargill who will give them to needy Invercargill and Southland families.

Thank you to our Parents Fundraising Group for organising the garage sale and pricing everything. Thanks also to all the parents and staff, friends and supported who helped out on the day. While the weather beat us, we still made some serious money and yet again we informed our community of whom and what and where Conductive Education is.



POLICY – CHILD DEVELOPMENT SERVICES (HOSPITALS) AND CONDUCTIVE EDUCATION SOUTHLAND

The Child Development Services at Southland Hospital and Dunedin Hospital (Vera Hayward Centre) is funded by the Ministry of Health. Conductive Education Southland is also partially funded by the Ministry of Health for the 0 to 6 year old children.

The Ministry of Health have clarified that children accessing Conductive Education Southland services can still access Child Development Services – BUT provided there is no duplication of services. Duplication would be when the Child Development Services and Conductive Southland provide the same service delivery. We know that Conductive Education does not and never has, supplied the same types of therapies etc to that which the Child Development Service provide.

Southern District Health which provides Child Development Services at Southland Hospital and Dunedin Hospitals Vera Hayward Centre has created the following policy (without seeking any consultation or input from Conductive Education):

1. If parents chose to receive therapy for their child from Conductive Education, the Child Development Service therapists

will provide therapy that Conductive Education does not provide, i.e.,

- Monitoring of muscle length and joint range of motion and provide management programme if required
- Address ENABLE equipment/housing needs
- Referrals to Orthotic Services when required
- Feeding and swallowing assessment and recommendation when required
- Hydrotherapy
- Annual assessment (e.g. developmental outcome measures, GMFM etc) and Review of child's needs with a written report, and discussion with the child's family on any required management

Speech Language Therapy to children under 5 years if required

These above services will complement the existing therapy provided by Conductive Education.

2. If children have had BOTOX or orthopaedic surgery a block course

of post-operative rehabilitation will be offered by Child Development Service physiotherapists if required.

3. For children who are attending Conductive Education the Child Development Service therapists will not provide hands-on-therapy or programs to develop motor skills, cognitive skills and daily living tasks as Conductive Education will be responsible for addressing these areas. The reasoning behind this (is) to avoid parents having two concurrent programmes which may cause a duplication of services and may have conflicting goals.

4. If the Conductive Education programme is closed other than for school/statutory holidays then the child's intervention can be covered by the therapists from the Child Development Service. This would need to be planned for to fit with current case loads and existing resources.

Personally speaking I feel that children who need Conductive Education programmes should be able to avail of the full range of Child Development Services as well – purely because these special children (and their parents) need all the help and assistance possible. Some would say it is “double-dipping” if these children receive Child Development Services as well as Conductive Education but I don't accept that reasoning. The Child Development Service receive their “pot of gold” to deliver their range of services just as Conductive Education receives their “pot of gold” to deliver their services.

If Conductive Education did not accept any funding from the Ministry of Health (or if Conductive Education became self-funding) then the Child Development Service would have to deliver their full range of services to these very special children that have chosen via their parents, to receive optional and additional special services for their child from Conductive Education.

The perception by Child Development Services “that parents having two concurrent programmes may cause a duplication of services and may have conflicting goals” is not a perception held by parents that choose to bring their child to Conductive Education.

Of bigger concern to me is that because parents choose to bring their child to Conductive Education, they often receive a diminished level of service from the Child Development Service.

Kevin Wall - Manager - Conductive Education Southland

DUNEDIN OUTPOST 27- 30 SEPTEMBER 2010

Conductive Education Southland created precedent and history by holding a Conductive Education Outpost in Dunedin from 27 to 30 September 2010. The intention of this Outpost was to "expose" Conductive Education to the people of Dunedin and Otago, hopefully gain more children to attend our Invercargill-based Conductive Education Centre.

The Outpost was held Monday afternoon, all day Tuesday and Wednesday, and on Thursday morning. During this time the Outpost assisted 5 children (was to be six, but one child was unwell and admitted to hospital). Of these six, three already travel to Invercargill for Conductive Education and we are hopeful some if not all of the other three will find the opportunity and time to travel to Invercargill for Conductive Education classes.

Judit and Gyorgyi had a fantastic time in Dunedin. Both agreed the Dunedin-based Conductive Education Southland Outpost was really successful and beneficial for the children.

The first day (an afternoon) Judit conducted 4 Initial Assessments and Gyorgyi was working with Jaime for 1.5 hours then later Gyorgyi helped Judit with the assessments.

Stephen, a 28 years old came for 6 hours altogether. He had an assessment as well as CE classes. His parents and carers were really happy with what Stephen can do and the goals he Conductors are setting up for him. Stephen sued to attend Conductive Education Otago many years ago when the Dunedin-based Centre was operating.

Daryl-Ann, a 4 year old girl with severe CP. She too had an Initial Assessment as well as CE programmes. Daryl-Ann enjoyed the programmes as did her parents too. The parents are planning to come to Invercargill in the future to attend our CE programmes. The parents

noticed some changes in Daryl-Ann after 3 days of our CE programmes. Daryl Ann would benefit from CE really much.

Caleb, a 4 years old came to an Initial Assessment a year ago in Invercargill but parents were unable to drive down to Invercargill for our CE sessions. Caleb's parents are reconsidering and may come to Our Centre in Invercargill in the future. Caleb started our Dunedin Outpost with 2 days of crying as he is really stubborn but on the 4th day we had some success with his sitting and reaching and holding objects. Caleb would benefit from CE really well and we are hoping he can get down to us.

Jaime was attending sessions in Invercargill on the first half year in 2010 but her mum had to stop driving as she was pregnant. Jaime really enjoyed our Dunedin Outpost program. She is able to walk with ladder which she did not do 2 weeks ago. Debbie (Jaime's mum) has already started Term Four 2010 driving to Invercargill for our CE classes.

Finn is 7 years old who was attending Conductive Education when he was 2 years old. His mum stopped driving down from Dunedin when she too was pregnant. Finn's mum Claire loves CE and she was really happy with our new ideas. Finn has a private Physio at home so his mum wanted to get new ideas from us how to help to Finn to develop his skills. Finn was working really hard through the 4 days and we were working on his sitting mainly and using his left side which he is not using as much.

Judit and Gyorgyi had lots of positive moments and enjoyed every minute of it. All the parents were really supportive and had lots of questions. We were busy and we offered more time for the parents than was originally planned and some of them stayed longer.

Our Manager Kevin also travelled to Dunedin for the Wednesday to meet the parents and children as well as observe the programmes.



SAUSAGE SIZZLE

Thank you to all our CE Southland parents who assisted with our sausage sizzles at The Warehouse Invercargill on 03 & 10 July and 02 & 16 October 2010.

Each of these sausage sizzles earns us fantastic fundraising dollars (about \$450-\$500 clear profit from each sizzle) and also creates huge community awareness about Conductive Education.

We have two more of these sausage sizzles coming up before the end of year – 13 November and 04 December 2010.

If you cannot make the time or date you are rostered, please find a replacement. Do not do nothing as you will let the side down.

WHY WE HAVE TO FUNDRAISE

Each year it costs in excess of \$200,000 for Conductive Education Southland to operate.

We are very fortunate to receive just over \$100,000 from the Ministry of Health via the Service Provider Contract CE Southland has with them. This funding is to provide services for children from 0 to 6 years of age only. Presently we have 11 children in this age range.

This leaves a shortfall of a further \$100,000+ per annum to fund CE services for the children over 6 years of age – and presently we have 16 of these children.

Our Manager Kevin constantly applies to community funders such as the Community Trust of Southland, ILT Foundation, The Pub Charity, Lion Foundation, NZ Lottery Grants Board, COG's (Community Organisation Grants Scheme) and numerous others, seeking community funding. We receive generous support from these funders but never enough to cover our shortfall. It is essential then that we as

members of our Conductive Education Southland Charitable Trust create activities, events and opportunities to raise funds to ensure we can continue to function.

Without the community grant funding and funds we self-raise, CE Southland could not provide services to the over 6 year olds. If CE Southland only received the Ministry of Health funding we could only afford one Conductor and only be able to deliver CE services to the under 6 year olds.

Hence the reason why we need to continually fundraise – it's needed for our survival!



Hi Kevin

Just a note to thank you and the conductors for the outpost in Dunedin during the last school holidays.

I've always liked the conductive education approach to physical therapy and was really glad Finn was able to participate. We certainly got some good ideas for new motor patterns/exercise to add to his exercise routines, and I think Finn really enjoyed being the big, capable boy at his sessions.

It was great to have Conductive Education in Dunedin, and I do hope you do it again! I understand you had funding from The Community Trust of Otago – could you pass our sincere thanks on to them, too?

Kind regards – Claire Casey

FIGHT FOR Kidz

Conductive Education Southland parents were not needed to assist at this year's bi-annual celebrity Fight for Kidz event held at Stadium Southland on Saturday 28 August 2010, although our Manager Kevin was Floor Manager at this huge event. Over 1200 diners - men in dinner suits and bow-ties, ladies in fantastic evening wear and hairstyles – plus a further 700 people in the seated stands, ensured this event was and still is the #1 event in Invercargill/Southland.

The beneficiary this year was the Children's Ward at Southland Hospital. Children's Ward staff from nurses, doctors, paediatricians, management, and parents also assisted make this night a tremendous financial success.

A record amount of \$117,000 was raised this year. This money is being used to provide toys, equipment, TV's, games, etc, etc for the children ward which means our children too will benefit from the great fight night.

DUNEDIN HART WALKER CLINIC



The next Hart Walker Clinic is being held within the CCS Disability Action Rooms Great King Street Dunedin on Saturday 19 November 2010 commencing at 9.00am.

One of our children – Emily Fraser – will be fitted with her heavy duty Hart Walker. Emily was the first person in our area to get a Hart Walker and that was many years ago. Emily has out-grown that Hart Walker and now needs the larger version.

A number of children that attend Conductive Education Southland also have Hart Walkers.

NEW FURNITURE

RPL

A huge thank you to Ian Rosel from Robax Products Ltd in Invercargill for making more wooden 'furniture' for our Conductive Education Southland Centre.

Ian has been a longtime supporter of Conductive Education and made wooden furniture for us many years ago and has now repeated his generosity as not only has Ian made the items personally, he has also donated his time and all materials.

Thanks you Ian, we appreciate your strong and willing support for Conductive Education Southland. (Pictured right).



MAIL

Our Conductor Judit has made this fabric display panel which enables the Conductors and Manager (and other parents) to leave items addressed to our CE Southland children or their parents.

Thank you Judit for your sewing prowess and making this colourful and welcome mail 'box'.

THANK YOU TO OUR SUPPORTERS

An integral, essential and vital part of our survival is to gather in much-needed funds. Since June 2010 our own efforts have raised (nett):

- \$1,888.32 from selling our chocolate bars and bags of chocolates
- \$2,681.94 from parent donations
- \$405.25 from our garage sale
- \$1,810.43 from our sausage sizzles
- \$263.55 from selling scratchie boards

On top of this, we have received the following donations:

- \$500.00 from Invercargill Inner Wheel Club
- \$100.00 from John and Lyn Rhodes
- \$100.00 from Jolene Wilson
- \$50.00 from Mary McKenzie
- \$100.00 from Rural Women NZ Woodlands Branch
- \$1,000.00 from The Otago Community Trust



Thank you everyone for your support. Please do continue to make us a charity of choice you prefer to support. The special needs children attending our Conductive Education are making progress from the services we provide, so we all THANK YOU.



2011 NZFCE AGM ETC

May 2011 will see Conductive Education Southland host on behalf of the NZ Foundation for Conductive Education, the annual NZ Foundation for Conductive Education AGM & Conference. At the same time the NZ Conductors Association will also hold their 2011 AGM & Conference in Invercargill.

These AGM's and Conferences are held on an annual rotational basis – 2010 was in Auckland, 2009 in Christchurch – and now 2011 in Invercargill.

These AGM's & Conferences will be based in the Kelvin Hotel, Invercargill.

END OF TERM FOUR 2010 AND START OF TERM ONE 2011

Term Four 2010 will end on Friday 17 December 2010.
Term One 2011 will commence on Monday 31 January 2011.



CONDUCTOR'S WORDS

Hi Everyone,

It's unbelievable, we have started Term 4 and only 9 weeks later here comes Xmas. That means that we all still have time to be well behaved so Santa may have something for everyone. Better watch out!

Here some news from us conductors about our Centre's life.

We have had several assessments since April and they are:

- Harmony
- Patrice
- Brooke
- Toby
- Lily
- Dylan

Although assessed and suitable for Conductive Education some of these children did not start with us for differing reasons. One of them moved to a different town and other chose to use the Child Developmental Service. Two children only had developmental delays.

Welcome Toby and Lily to Our Centre. Both these children have just started with us and we are really happy to have them here.

Our Centre life is getting busier as the year goes. Currently we have got 30 children attending classes every week. From those 30 children 9 of them have Developmental Delay in different areas, 10 children have Cerebral Palsy, 3 children have epilepsy as their main diagnosis, 3 of them with muscular problems. We also have children who have Dyspraxia, Microcephaly, Autism, Down Syndrome and a Chromosomal deletion.

We have got 3 children coming from the Otago district and hopefully we will have more. Our Manager and Trustees allowed us to go Dunedin to have an Outpost of Conductive Education services for our existing Otago children plus for any new children we could get along. This Outpost occurred Monday to Thursday inclusive of the first week of Term Three

CONDUCTIVE EDUCATION OUTPOST AT DUNEDIN

Thank you so much to the Otago Community Trust for your financial support which enabled a Conductive Education Outpost to take place in Dunedin during the last school holidays. I began taking our daughter Jaime to Invercargill once a week about a year ago, however with the arrival of a new baby we hadn't been able to make the trip in three months. Being able to take Jaime for four sessions in a week, only 15 minutes away has been fantastic.

Conductive Education has shown us how we can best help our daughter to overcome her disability and thrive. A few weeks ago she began taking her first steps (aided) and this is something we were told might never happen.

The public service (although lovely) are overrun with clients and we often have to wait up to six weeks between hour long appointments for physio. Conductive Education means that Jaime can get a lot more of the help she needs. Your financial support means that we can afford to provide this for her.

All our thanks, Debbie and Grant McEwan - Dunedin

PARENT INTERVIEWS

Our six-monthly end of year Parents Interviews are being done earlier this year. Interviews will take place from Monday 22 November until Friday 26 November 2010.

There will not be any Conductive Education classes or programmes during this week as the Conductors will have five full days of hourly parent interviews. Normal CE classes will resume on Monday 29 November 2010.

An Interview Appointment Timetables will be placed at the entrance to Our Centre. Parents please record the time slot you desire for your interview.

It is our intention to have the Parent Interviews and ICP's typed up, ready for presentation to Parents before the end of Term Four 2010.

If Parents know of any changes of school or other commitments for your child that may conflict with the CE timetables please ensure our Conductors are made aware of these changes for 2011 at the November 2010 Parent Interviews so we can create a timetable that suits you and us.

2010 holidays. We have five children from Otago attend (there was to be a sixth child but unfortunately Riley got admitted to Dunedin Hospital and could not make our Outpost).

It was a big pleasure to be in Dunedin and meet Jaime (nearly 2 year of age), Caleb (nearly 4 years of age), Daryl-Ann (nearly 4 years of age), Finn (7 years of age) and Stephen (aged 28) and their families during our Conductive Education classes. Finn and Stephen used to attend Conductive Education some years ago.

We are hoping the new families (Caleb, Daryl-Ann, Finn and Stephen, will come to Invercargill to attend conductive classes at Our Centre in the near future as we think they all would benefit from our service. Jaime has been a regular attendee at Invercargill and now that mum has delivered her new baby, Jaime has started classes in Invercargill again.

All our children are developing really well. We could write about all of the 30 children's successes, maybe next time. These children and their families are working really hard on their goals. So far 9 of our children reached their half yearly goals. Some of them had successes with rolling over, sitting, doing steps independently and some of them got toilet trained.

We are still receiving several referrals from Plunket Nurses about children with developmental delays. Our Invercargill Centre currently are providing programmes for every child whose ages are between 6 months and 16 years of age and whose problems are related to neurological origins.

We wish you all the best!

Conductors Judit and Gyorgyi

If undelivered return to:
Conductive Education Southland - P O Box 126 - Invercargill

Thank you to our supporters - please support them



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